Haemophilia Chartered Physiotherapists' Association

The HCPA consists of specialist physiotherapists working in haemophilia and allied bleeding disorders services across the UK and Ireland. We aim to define, promote and encourage best practice for physiotherapy within haemophilia care, providing professional leadership and directing national physiotherapy policy.

Executive Committee

Anna Wells Chair:
David Hopper Vice-Chair
David Stephensen Research Lead

Elizabeth Bradshaw Secretary
Joanne Minshall Treasurer

Peer Review

There is still huge variability in funded, protected hours for physiotherapists working in haemophilia and allied bleeding disorders services. One of the HCPA's key objectives has been to standardise physiotherapy provision across the UK. The HCPA has representation on the UKHCDO peer review working party and the HCPA's UK Standards of care for adults and paediatrics are a source document for the peer review Quality Standards. Our aim has been to have a physiotherapist on every peer review visit and we are pleased with the outcomes so far.

Working groups

Following the HCPA annual meeting in March 2019, it was decided that a working party should be established to look at the competencies of a Haemophilia Physiotherapist. A working party of 8 physiotherapists met in September 2019 to discuss the development of a Competency Framework. The group has developed a Core Skills and Capabilities Tool for Haemophilia Physiotherapists. This Tool can be used alongside national Frameworks to give better definition and support for the physiotherapist's role.

Project Lead: Dairin Garland.

• The Information Technology working group was created to improve the online presence of the HCPA. The aim of this group is to create/seek an online platform, through which members can access and post educational material, showcase research/service development projects and communicate internally. The external facing element of the site will provide an overview of the HCPA and it's role in the haemophilia community. Other activities of this group will include creating and maintaining social media platforms to diversify and broaden the reach of the HCPA's online presence.

Project Lead: Vish Patel.

 We are pleased to continue to work with our MDT colleagues on the UKHCDO Musculoskeletal and Co-Morbidities Working Parties, the Data Analysis Group and the Data Management Working Party and on the National CRG for Haemophilia. On an International level, the HCPA is represented on the EAHAD Physiotherapy committee.

Training & Outcome Measures

- HEAD-US training December 2018. Future plans looking at how to standardise ultrasound training and skills maintenance.
- HJHS validation / revalidation training planned for Dec 2019.
- Outcome Measures is a key area the HCPA are focusing on: What are we measuring and why;
 What is most beneficial to service users, clinicians and commissioners.

Research

The HCPA is proud to support and facilitate a thriving research environment. The annual meeting includes a half-day session focussed on sharing and developing research activity, as well as a free papers session for members to showcase their work in the format of a five minute assessed oral presentation. The HCPA encourages collaboration and members continue to initiate, present and publish key papers on an international level.

UK Standards of Care

http://www.ukhcdo.org/wp-content/uploads/2019/01/FINAL-2017-Children-Service-Provision-of-Physiotherapy.pdf

http://www.ukhcdo.org/wp-content/uploads/2019/01/FINAL-2017-Adult-Service-Provision-of-Physiotherapy.pdf

Anna Wells, Chair, Haemophilia Chartered Physiotherapists' Association October 2019